

SAMPLE CLAIMS

1. A self-venting microwave cooking device having a sequential venting arrangement, comprising:

5 at least one initial volume holding food product and having an associated venting mechanism; and

an additional volume holding the at least one initial volume and having an associated venting mechanism, such that, when heated, steam from the food product causes pressure to build within the at least one initial volume, subjecting the food product to a first
10 pressure treatment before venting from the at least one initial volume occurs causing the steam to be released into the additional volume where pressure again builds, subjecting the food product to a subsequent pressure treatment.